
BLACK & SALESKY

DENTISTRY

Botox Aftercare

Do:

- Expect a mild headache.
- Be patient, full results take 10-14 days.
- Schedule a follow-up appointment.
- Avoid hot tubs & saunas.
- Avoid blood thinning medications.

Don't:

- Touch your face for 24 hours.
- Bend or lie down for 4 hours.
- Manipulate face for 2 weeks.
- Exercise for 24 hours.
- Drink alcohol for 24 hours.
- Remain in the heat for 72 hours.
- Rub or massage your face.

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Filler Aftercare

Do:

- Apply a cold compress.
- Expect swelling & bruising.
- Take TYLENOL or Arnica for mild pain.
- Avoid hot tubs & saunas.
- Keep hydrated
- Avoid blood thinning medications.

Don't:

- Massage unless instructed.
- Remain in the sun for 72 hours.
- Apply makeup for 12 hours.
- Consume alcohol for 24 hours.
- Smoke for 12 hours.
- Exercise for 24 hours.

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Schedule a Consultation!

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