

# BOTOX APPOINTMENT



*Checklist*

BLACK & SALESKY DENTISTRY



## AVOID ALCOHOL & BLOOD THINNERS

Do not consume alcohol 24 hours before treatment as it may significantly increase your chances of bruising.

If possible, avoid anti-inflammatory and blood-thinning medications for 2 weeks before treatment to minimize bruising (ibuprofen, aspirin, fish oil, etc.)

## FOR LASTING RESULTS

Take zinc supplement starting 5 days prior to appointment to increase the longevity of results

## PAUSE TOPICAL USE

Discontinue Retin-A 2 days before and 2 days after treatment.



## SCHEDULE

Schedule your appointment at least 2 weeks prior to a special event which you may be attending.

## NOT A CANDIDATE IF:

You are pregnant or breastfeeding.

## FUEL YOUR BODY

Be sure to have a good breakfast, including food and drink before your procedure. This will decrease the chances of lightheadedness during your treatment.



10% off Botox/Dysport for  
Black & Salesky dental patients

Direct any further questions to  
**@DRKAYLEESALESKY**